

# Mai Magdy Anwer Saber

Lecturer of Public Health, Preventive and Social Medicine

Tel: +201005536990, +966544824845

Email: [Mai.saber@fmed.bu.edu.eg](mailto:Mai.saber@fmed.bu.edu.eg) // [Mai\\_magdy\\_anwer@hotmail.com](mailto:Mai_magdy_anwer@hotmail.com)



## ▼ Personal information

**Nationality:** Egyptian.  
**Languages:** Arabic/English.  
**Date of birth:** 1 June 1989.  
**Family status:** Married with 2 children.

## ▼ Experience & Employment

September 2022–till now

Lecturer of Public Health, Preventive and Social Medicine • Faculty of Medicine • Benha University  
Lecturer of Public Health, Preventive and Social Medicine • Faculty of Medicine • Benha National University

Quality Coordinator for the Public Health, Community and Preventive Medicine department • Faculty of Medicine • Benha University

Consultant of Public Health, Preventive and Social Medicine • Egyptian Medical Syndicate

Consultant of Public Health, Preventive Medicine and infection control • Sama Scan Center

October 2018– August 2022

Assistant lecturer of Public Health, Preventive and Social Medicine • Faculty of Medicine • Benha University

Specialist of Public Health, Preventive Medicine and infection control • Sama Scan Center

June 2014–September 2018

Demonstrator of Public Health, Preventive and Social Medicine • Faculty of Medicine • Benha University

Intern of Public Health, Preventive Medicine and infection control • Sama Scan Center

March 2014–May 2014

General practitioner • Ministry of Health and population (MOHP)

March 2013–February 2014

House officer • Benha University Hospitals • Benha University

## ▼ Education

- M.B, B.ch. in Medicine and Surgery, Benha University (Excellent grade with honorary position, 2012).
- Master's degree in Public Health, Preventive and Social Medicine, Benha University (very good grade, 2018).
- Medical Doctorate in Public Health, Preventive and Social Medicine, Benha University (very good grade, 2022).
- Medical Diploma of Health Profession Education (DHPE) at Suez Canal University (2025).

## ▼ Educational experience

Teaching Public Health, Environmental and Occupational Medicine, in the Following Scientific Localities:

- Benha Faculty of Medicine (Egypt) at Benha university
- Benha Faculty of Medicine (Egypt) at Benha National University (BNU)
- Benha Faculty of Nursing (Egypt).

- Benha technical institute of health (Egypt).
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### ▼ Publication

- Pattern of Utilization of Maternal Health Care Services in Qalyubia Governorate, 2018
- Knowledge and Self-Care Management Practice Among Asthmatic Children (6-12 Years): An Educational Intervention Study, 2022
- Effect of Time Management on Academic Performance of Medical Students, Benha University: A Cross Sectional Study, 2023
- Assessment of Nurses' Knowledge, Attitude and Practice Regarding Nutritional Care Management of Diabetic Patients in Benha University Hospitals, 2024
- Assessment of Knowledge, Perception and Willingness of Telemedicine Among Physician in Qalubia Governorate, a Cross Sectional Study, 2024
- Immune-related miRNAs (181a, 146, 150) Expression in Colostrum and Mature Maternal Milk in normally and Caesarean Delivered Females, 2024
- Investigating the Association Between Emotional Intelligence, Physical Activity and Work Engagement Among Female Workers, 2025
- Genetic diversity and antibiotic resistance of *Mycobacterium bovis* in bovines in the Delta area of Egypt, 2025

### ▼ Conferences and workshops

- Contributed as a speaker at the 12<sup>th</sup> Annual Medical Conference of Benha Faculty of Medicine, July 2025.
- Contributed as a speaker at the 11<sup>th</sup> Annual Medical Conference of Benha Faculty of Medicine, March 2024.
- Attended the 1<sup>st</sup> international integrated conference and 9<sup>th</sup> annual medical conference of Benha Faculty of Medicine, March 2022.
- Contributed as a speaker at the 8th Annual Medical Conference of Benha Faculty of Medicine, November 2019.
- Attended the 3rd Annual Conference of Public Health and Community Medicine, Ain Shams University, March 2019.
- Attended the 1st Benha Faculty of Medicine Quality Conference, Benha University, October 2018.
- Participated in workshop titled (Requirement for Accreditation and Renewal of Accreditation of High Education Organization), Benha Faculty of Medicine, October 2018.
- Attended Faculty and Leadership Development program (ethics of scientific research course, effective presentation skills course, basics of medical statistics course, quality standards for the process of teaching course), June 2017.
- Participated at Workshop of lifestyle behavioural change (understanding the patient and role of health professional), February 2016.
- Attended The 10<sup>th</sup> national conference of Human Performance in Health & Disability, Egypt, June 2014.

## ▼ References

- Available upon request.

